

2010 NJCAA Swimming and Diving Championships

- Dates: March 3 – 6, 2010
- Site: Indian River State College
Anne Wilder Aquatic Complex
3209 Virginia Avenue
Ft. Pierce, FL 34981
- Host: Indian River State College
- Times: All swimming preliminaries will begin at 10:00 AM
Diving will begin approximately at 1:00 PM
All swimming finals will begin at 6:00 PM
- Meet Director: Scott Kimmelman (skimmelm@irsc.edu)
(772) 462-7760 (office)
(772) 462-7850 (fax)
- Qualifying Standards: All standards for meet qualification are listed in the NJCAA 2009 – 10 Handbook and Casebook pages 129 – 132. Specifics for swimming time standards can be found on page 129, Section 6, Rule D, point 1.
- Diving information can be found on page 130, Section 6, Rule G, points 1 – 9. Please note diving sheets for Wednesday's events are due by 11:00 AM the day of the event. Subsequent sheets must be turned in by 6:00 PM each evening for the following day's events. Sheets may be changed up to one hour before the event. A "dive sheet" box will be set up at the diving table for your convenience.
- Rules: The championship will be conducted in accordance with the current NCAA guidelines. All coaches are encouraged to read the 2009 – 10 NCAA Rulebook as well as the 2009 – 10 NJCAA Handbook and Casebook.
- Scratch Deadlines: Diving: 1-M Women – 1:00 PM Wednesday, March 3
3-M Men – 1:00 PM Wednesday, March 3
3-M Women – 1:00 PM Friday, March 5
1-M Men – 1:00 PM Friday, March 5
- Swimming: Relays – 6:00 PM Wednesday, March 3
Prelims – 10:00 AM / Finals 6:00 PM Thursday, March 4
Prelims – 10:00 AM / Finals 6:00 PM Friday, March 5
Prelims – 10:00 AM / Finals 6:00 PM Saturday, March 6
- Swimming: Swimming does not have scratching in this competition. Athletes may enter a maximum of three (3) individual events and four (4) relay events. All entries submitted at the entry deadline are considered final.

Entry Deadlines: As per page 129, Section 4, Rule A: Entries and the “Meet Verification Forms” must be sent by FedEx overnight or ‘Single Night’ carrier to the address listed below by Tuesday the week before the NJCAA National Championship meet. **This date is February 23, 2010.** Colleges are also required to submit entries via a “HY-TEK” electronic file in addition to the hard copy forms. All electronic entries should be sent to njcaa.entries@sportstiming.com, a special e-mail set up for this event.

Electronic Entries: e-mail to njcaa.entries@sportstiming.com
Entries due no later than February 23, 2010

Mail all entries to: Sports Timing & Software, Inc.
ATTN: Billy Culbertson
3432 Toomer Kiln Circle
Mount Pleasant, SC 29466

Phone Numbers: (772) 462-7760 – Scott Kimmelman
(843) 628-5486 – Billy Culbertson

Spectator Admission: Admission to the venue will be \$5.00 per session or an all session’s pass can be purchased for \$30.00

Parking: Parking accommodations will be on the campus of Indian River State College. The southeast corner of the school on the south side of the Science Center (Planetarium) is the nearest parking lot to the swimming and diving complex.

Coaches Association Luncheon

A coach's lunch meeting will be held at 11:00 AM on the campus of Indian River Community College Tuesday, March 2, 2010, in the Center for Academic Innovation – Kight Center, Building 'V', Room 309.

This meeting is of utmost importance for all coaches and your attendance is required. Please make plans to attend.

Further information about this meeting will be forthcoming from the President of the NJCAA Coach's Association, Scott Hunsinger.

Order of Events

<u>Date</u>	<u>Event Number</u>	<u>Event Description</u>
Wednesday, March 3:	1 and 2	400 Medley Relay (timed final event)
	3	1-M Women (preliminaries)
	4	3-M Men (preliminaries)
	5 and 6	800 Free Relay (timed final event)
Thursday, March 4:	7 and 8	200 Freestyle Relay (timed final event)
	20 MINUTE INTERMISSION	
	3	1-M Women (finals)
	4	3-M Men (finals)
	9 and 10	500 Freestyle
	11 and 12	200 Individual Medley
	13 and 14	50 Freestyle
Friday, March 5:	17 and 18	200 Medley Relay (timed final event)
	20 MINUTE INTERMISSION	
	15	3-M Women (preliminaries)
	16	1-M Men (preliminaries)
	19 and 20	400 Individual Medley
	21 and 22	100 Butterfly
	23 and 24	200 Freestyle
	25 and 26	100 Breaststroke
	27 and 28	100 Backstroke
Saturday, March 6:	15	3-M Women (finals)
	16	1-M Men (finals)
	*29 and 30	1650 Freestyle
	31 and 32	200 Backstroke
	33 and 34	100 Freestyle
	35 and 36	200 Breaststroke
	37 and 38	200 Butterfly
	20 MINUTE INTERMISSION	
	39 and 40	400 Freestyle Relay (timed final event)

*The 1650 Freestyle is a timed final event. The fastest 8 women and the fastest 8 men will swim during the evening final's session on Saturday, March 8. All other heats of the event will be swum following event 38, fastest to slowest, alternating one female heat and one male heat.

Hotel and Lodging Information

As per Section 13 on page 132 of the NJCAA Handbook and Casebook: Should a tournament host/national office choose to assign lodging for this event, all participating colleges must honor that assignment or pay for those rooms.

Perfect Drive Golf Villas at PGA Village has been selected as the 2010 NJCAA Swimming and Diving Championships host hotel. Information about the complex and how to secure your rooms is included in this meet information packet.

Perfect Drive Golf Villas at PGA Village (12 - 15 minutes from the pool)

Phone Number: (772) 873-0515
Contact Person: Michelle Valvano/Dalien Erasmus
Rates: starting at \$109.00

To Reserve your Condo or for more info call: 772-873-0515
or visit our website at: www.perfectdriveatpgavillage.com

Meet Timeline

Monday, March 1:	8:00 AM 3:00 PM 5:00 PM 7:00 PM	Pool open for workout Pool closes for workout Pool opens for workout Pool closes for workout
Tuesday, March 2:	8:00 AM 11:00 AM 11:00 AM 1:00 PM 3:00 PM 5:30 PM	Pool open for workout Pool closes for workout NJCAA Coach's Association Lunch (V-309) Pool open for workout Pool closes for workout NJCAA Championship Banquet (IRCC GYM)
Wednesday, March 3:	7:00 AM 11:00 AM 11:00 AM 1:00 PM 4:30 PM 6:00 PM 6:00 PM 7:15 PM	Pool open for workout Pool closes for workout Diving sheets due for Wednesday's events Diving competition begins Pool open for warm-up Start of 400 Medley Relay Diving sheets due for Thursday's events Start of 800 Free Relay
Thursday, March 4:	7:00 AM 9:45 AM 10:00 AM 1:00 PM 4:00 PM 5:45 PM 6:00 PM 6:00 PM	Pool open for warm-up Pool closes to warm-up Preliminary session begins Diving competition begins Pool open for warm-up Pool closes to warm-up Finals session begins Diving sheets due for Friday's events
Friday, March 5:	7:00 AM 9:45 AM 10:00 AM 1:00 PM 4:00 PM 5:45 PM 6:00 PM 6:00 PM	Pool open for warm-up Pool closes to warm-up Preliminary session begins Diving competition begins Pool open for warm-up Pool closes to warm-up Finals session begins Diving sheets due for Saturday's events
Saturday, March 6:	7:00 AM 9:45 AM 10:00 AM 1:00 PM 4:00 PM 5:45 PM 6:00 PM	Pool open for warm-up Pool closes to warm-up Preliminary session begins Diving competition begins Pool open for warm-up Pool closes to warm-up Finals session begins

NJCAA Championship Banquet Dinner

When: Tuesday, March 2, 2010
Where: Indian River State College Gymnasium
Time: 5:30 PM
Cost: \$18.00 per person attending the banquet

You must fax your 2010 NJCAA Banquet Dinner form to Scott Kimmelman at (772) 462-7850 no later than February 17, 2010. All teams will be required to pay for all banquet tickets requested on the form submitted.

Team Name: _____

Head Coach: _____

Assistant Coach: _____

Diving Coach: _____

Total Number for attending the NJCAA Championship Banquet: _____ X \$18.00

Total amount of money due for the NJCAA Championship Banquet: \$ _____

PLEASE MAKE ALL CHECKS PAYABLE TO:

INDIAN RIVER STATE COLLEGE

Meet T-Shirts

The 2010 NJCAA Swimming and Diving Championship T-shirt will be available to all coaches and competitors for the price of \$15.00. Please complete the enclosed order form and fax the information to Scott Kimmelman at (772) 462-7850 no later than February 17, 2010. This order form will guarantee you and your athletes the sizes and quantity you desire.

All teams will be held financially responsible for all t-shirts requested on the form submitted.

Team Name: _____

Head Coach: _____

Number of size Small T-shirts requested: _____

Number of size Medium T-shirts requested: _____

Number of size Large T-shirts requested: _____

Number of size X-Large T-shirts requested: _____

Number of size XX-Large T-shirts requested: _____

Total Number of NJCAA Championship T-shirts ordered _____ X \$15.00

Total amount of money due for the NJCAA Championship T-shirts: \$ _____

PLEASE MAKE ALL CHECKS PAYABLE TO:

INDIAN RIVER STATE COLLEGE

All-American Certificates

The winners of each individual and relay event will receive the NJCAA All-American Certificates. The College Swim Coaches Association of America (CSCAA) also provides CSCAA All-American Certificates to athletes whose coaches belong to the professional organization. A membership form for this organization has been provided by NJCAA Swim Coach's Association, Scott Hunsinger. Coach Hunsinger has discussed this organization and why it is extremely important for all coaches and their teams to join.

CSCAA All-American certificates are awarded to the 1st through 4th place. The 5th through 8th place finishers will receive CSCAA Honorable Mention certificates. Finishers in the 9th through 12th place positions will receive the CSCAA Honorable Mention certificates if the final time in the event is equal to or better than the established 2008 NJCAA Swimming and Diving Championships qualifying standard.

All CSCAA certificates will be mailed at the conclusion of the event in accordance with NJCAA National Office regulations for the distribution of the certificates.

Deck Credentials

Each team will be provided with three (3) deck credentials for the team's staff. Additional credentials can be purchased for \$30.00 per person. Please complete the enclosed order form and fax the information to Scott Kimmelman at (772) 462-7850 no later than February 17, 2010. This order form will guarantee you and your staff the necessary passes for admittance and entry to the hospitality area.

All teams will be held financially responsible for all deck credentials requested on the form submitted.

Team Name: _____

Head Coach: _____

Assistant Coach: _____

Diving Coach: _____

Total Number of extra deck credentials needed: _____ X \$30.00

Total amount of money due for deck credentials: \$ _____

PLEASE MAKE ALL CHECKS PAYABLE TO;

INDIAN RIVER STATE COLLEGE

NJCAA Swimming and Diving Entry Fees

Team Name: _____

Head Coach: _____

Assistant Coach: _____

Diving Coach: _____

Please check the appropriate boxes for teams participating in the Championship Event:

Female Team Competing at Competition: _____

Male Team Competing at Competition: _____

Number of Teams Competing at Competition: _____ X \$100.00

Total Entry Fee Money Owed: \$_____

PLEASE MAKE ALL CHECKS PAYABLE TO:

INDIAN RIVER STATE COLLEGE



Perfect Drive Golf Villas
at PGA Village™

Host Hotel Information

**2010 NJCAA
Swimming and Diving Championships**

**Enjoy condominium-style accommodations
with all of the comforts of home.**

Guest Rooms starting at **\$109.00***
All Rooms with Two double beds, mini-fridge, microwave and coffeemaker.

**One, Two and Three Bedroom Villas
also available at Discounted Rates.**

**Sleep up to 8 people
Full Kitchen, living room, screened porches included
Daily housekeeping service**

Conveniently located at I-95, exit 121
Only 10 Minutes from Indian River State College

Local Attractions and Restaurants within 2 miles

- Golf available at the PGA Golf Club
- Rave Motion Pictures
- Superplay USA (Bowling, laser tag, arcade, batting cages)
- Duffy's Sports Bar and Restaurant
- TGI Friday's
- Chili's
- Outback Steakhouse
- Bob Evans
- Many more...

To Reserve your Condo or for more info call: 772-873-0515
or visit our website at: www.perfectdriveatpgavillage.com

NJCAA Swimming and Diving 2010 Qualifying Standards

Men's Qualifying Standards	EVENT	Women's Qualifying Standards
26.99	50 FREE	30.29
58.99	100 FREE	1:12.49
2:11.99	200 FREE	2:47.29
5:56.79	500 FREE	7:17.99
22:26.99	1650 FREE	24:13.99
1:09.69	100 BACK	1:16.99
2:31.79	200 BACK	2:57.59
1:20.99	100 BREAST	1:30.79
2:51.89	200 BREAST	3:35.49
1:05.79	100 FLY	1:23.99
2:31.79	200 FLY	3:09.39
2:22.09	200 IM	3:00.09
5:31.09	400 IM	6:21.49
1:58.99	200 FREE RELAY	2:14.99
4:10.49	400 FREE RELAY	4:46.99
8:48.99	800 FREE RELAY	10:50.19
2:07.49	200 Medley Relay	2:19.09
4:42.99	400 Medley Relay	5:14.19
185	1-Meter (6 dive score)	145
285	1-Meter (11 dive score)	245
195	3-Meter (6 dive score)	155
295	3-Meter (11 dive score)	255

NATIONAL JUNIOR COLLEGE ATHLETIC ASSOCIATION
 1755 Telstar Drive - Colorado Springs, CO 80920
OFFICIAL NJCAA SWIMMING AND DIVING PROOF OF PERFORMANCE

Type of Meet: _____ Date: _____ Location: _____

The completed original of this MUST be submitted with the official entry form to verify entry.
 These forms must be postmarked by February 23, 2010.

INDIVIDUAL QUALIFIERS:

Name Last, First, MI	Circle	Event/ Distance	Time	Actual	Regional Champion	Bonus Event	Official's Initials
1.	M/W		: .				
2.	M/W		: .				
3.	M/W		: .				
4.	M/W		: .				
5.	M/W		: .				
6.	M/W		: .				

RELAY QUALIFICATIONS

Circle	Event/Distance	Time	Regional Champion	Official's Initials
M/W		: .		
M/W		: .		
M/W		: .		
M/W		: .		
M/W		: .		
M/W		: .		

DIVING QUALIFICATIONS

Name Last, First, MI	Circle	Circle	Degree of Difficulty of 5 or Optional dives	Regional Champion	Official's Initials
1.	M/W	1M - 3M			
2.	M/W	1M - 3M			
3.	M/W	1M - 3M			
4.	M/W	1M - 3M			
5.	M/W	1M - 3M			
6.	M/W	1M - 3M			

This is to certify that the above performance has met all the rules governing NJCAA Swimming and Diving standards.
 (Refer to NJCAA Handbook for national meet entry procedure)

NOTE: Referee's initial signature shall be made only upon completion of the above information; a photocopied signature is not permissible.

Referee's Signature _____ Date _____ Telephone _____

I certify that the above information is accurate and signed by the individuals indicated. It is understood the falsification of this form may result in disqualification of the involved student-athlete(s) from any NJCAA Swimming and Diving competition.

Coach's Signature _____ Date _____ Telephone _____

Original form must be sent with the official entry form, which must be postmarked overnight mail by February 23, 2010. Copies must be made: 1) Hand carried to competition, and 2) one retained by the certifying official.

NATIONAL JUNIOR COLLEGE ATHLETICS

SWIMMING & DIVING

NATIONAL RECORDS

<u>Name</u>		<u>Time</u>	<u>Event</u>	<u>Time</u>		<u>Name</u>
Emmett Walling IRSC	09	19.43	50 Free	23.13	09	Mary O'Sullivan IRSC
Gideon Louw IRSC	08	42.78	100 Free	49.78	09	Jennifer Marquez IRSC
Gideon Louw IRSC	08	1:35.17	200 Free	1:48.09	09	Jennifer Marquez IRSC
Mateo DeAngulo IRSC	09	4:22.17	500 Free	4:53.48	83	Gwen Cross BRCC
Jack Taylor IRSC	93	15:06.09	1650 Free	16:55.48	86	Pam Smith BRCC
Gordon Touw Ngie Tjouw-IRSC	08	47.10	100 Fly	55.41	03	Urska Ros MCC
Robbie Sullivan IRSC	09	1:46.18	200 Fly	2:02.70	91	Monsterrdt Gomariz BCC
Zach Stockman IRSC	09	49.04	100 Back	55.49	09	Monika Mialka IRSC
Matthew Spicer IRSC	01	1:46.47	200 Back	1:58.63	08	Monika Mialka IRSC
Emmett Walling IRSC	09	53.83	100 Breast	1:03.14	99	Kathy Echiverri IRSC
Seth Van Neerdan BCC	93	1:57.68	200 Breast	2:18.47	81	Jeanne Childs DBCC
Marcin Malinski IRSC	98	1:47.68	200 IM	2:05.02	00	Tiffany Cohee IRSC
Marcin Malinski IRSC	98	3:47.15	400 IM	4:24.08	05	Clare Clemens IRSC
Michael Wright IRSC	08	637.45	1-M (11 Dives)	497.10	08	Kayla Purkiser IRSC
Michael Wright IRSC	08	614.50	3-M (11 Dives)	524.15	08	Kayla Purkiser IRSC

Emmett Walling, Kelley Wyman Nick Hein, Nick Schwartz IRSC	1:18.78 '09'	200 Free Relay	1:32.95 '09'	Mary O'Sullivan, Jennifer Marquez Cara Potter, Monika Mialka-IRSC
Roberto Gomez, Emmett Walling Raul Martinez, Gideon Louw IRSC	2:55.64 '08'	400 Free Relay	3:23.71 '09'	Jennifer Marquez, Katie McRoberts Cara Potter, Mary O'Sullivan-IRSC
Roberto Gomez, Danny Munoz Raul Martinez, Gideon Louw IRSC	6:34.24 '08'	800 Free Relay	7:21.64 '09'	Monika Mialka, Jennifer Marquez Jessica Chandlee, Mary O'Sullivan-IRSC
Zach Stockman, Manuel Rabelo Robbie Sullivan, Emmett Walling IRSC	1:27.27 '09'	200 Medley Relay	1:45.27 '08'	Shanda Casella, Kalia Martin, Yesica Rojas, Mary O'Sullivan-IRSC
Zach Stockman, Emmett Walling Robbie Sullivan, Kelley Wyman IRSC	3:13.18 '09'	400 Medley Relay	3:44.70 '09'	Monika Mialla. Mary Frank Yesica Rojas, Jennifer Marquez-IRSC